

### SEMAGLUTIDE FAQ

#### WHAT IS SEMAGLUTIDE?

Semaglutide is a revolutionary GLP-1 receptor agonist that was originally developed for patients with Type 2 diabetes, but when providers and pharmaceutical developers noticed how much weight their patients were losing, they began to study semaglutide exclusively for weight loss. A series of clinical trials known as the STEP clinical trials demonstrated that almost 90% of patients lost 5% or more of their body weight. There is no other weight loss drug on the market that compares. In June of 2022, the FDA approved semaglutide for weight loss.

#### HOW DOES SEMAGLUTIDE WORK?

Semaglutide acts like GLP-1 (a gut hormone) to:

- · Increase insulin production
- · Decrease glucagon synthesis
- · Delay gastric emptying
- Suppress hunger. It signals your brain that you are full so you can loose weight without feeling like you are depriving yourself.

### WHAT ARE POTENTIAL SIDE EFFECTS?

- · Commonly reported GI side effects nausea, vomiting, diarrhea, constipation, abdominal pain
- Site reactions
- Fatigue
- Headaches

### WHO IS NOT A CANDIDATE FOR SEMAGLUTIDE AT CASSIE LANE AESTHETICS?

- < 18 years old</li>
- Pregnant/breastfeeding
- Type 1 diabetes mellitus
- · Hypersensitivity to semaglutide or any components of this medication
- · Personal or family history of medullary thyroid carcinoma
- · History of multiple endocrine neoplasia syndrome
- History of pancreatitis
- · End stage renal disease (on dialysis)
- BMI<25</li>
- . Type 2 diabetic patients that are on insulin or a sulfonylurea.
- · Patients with diabetic retinopathy
- · Patients with that are on several antihypertensive medications

### WHO IS A CANDIDATE?

· Everyone else\*

"Health history, medications and body weight information will be carefully reviewed by a licensed provider to determine each candidate's eligibility.





### **WEIGHT LOSS PROGRAM**

We understand that weight gain isn't a matter of willpower or laziness. Your body's own hormones are likely combating your efforts to lose weight and we can help you. Our program is 6 weeks and a combination of our client's most loved MIC metabolism boosting injections, semaglutide injections, weekly check-ins, and weight loss coaching resources.

## Step !: MIC METABOLISM BOOSTING INJECTIONS

The methionine inositol choline MIC metabolism boosting injections use a powerful combination of vitamins that leave you feeling energized and help give your metabolism a "kick start." All vitamins in this injection are water-soluble making it very safe. Clients report increased energy, more restful sleep, and weight loss with weekly injections.

## Step 2: SEMAGLUTIDE

Semaglutide is a revolutionary GLP-1 receptor agonist that was originally developed for patients with Type 2 diabetes, but when providers and pharmaceutical developers noticed how much weight their patients were loosing, they began to study semaglutide exclusively for weight loss. A series of clinical trials known as the STEP clinical trials demonstrated that almost 90% of patients lost 5% or more of their body weight. There is no other weight loss drug on the market that compares. In June of 2022, the FDA approved semaglutide for weight loss. Semaglutide increases insulin production, decreases glucagon synthesis, delays gastric emptying and suppresses hunger. It signals your brain that you are full so you can lose weight without feeling like you are depriving yourself.

# Step 3: WEEKLY CHECK-INS

You will come in once weekly for injections (MIC metabolism and semaglutide injections). There will be periodic weigh-ins and you will be followed closely by a provider that can help control any side effects you may experience. Your regimen will be customized based on your results.

## Step 4: WEIGHT LOSS COACHING RESOURCES

You will also be given a weight loss coaching program that is pre-recorded so it can be completed on own your own time. It includes guidance on healthy food choices, recipes, and resources to help you be successful in your journey.

We hope that if you are struggling with weight loss, you will consider joining our 6 week program and letting us help you reach your goals!

